

NC Department of Health and Human Services
NC Home Care Aide Curriculum
 Module 16 – Restorative Care
 July 2021

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OBJECTIVES


1. Identify the role and members of the rehabilitation team
2. Discuss the home care aide’s role in restorative care
3. Identify several types of adaptive equipment that may be used in the home
4. Identify home modifications that may improve the quality of life for a disabled patient

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MODULE 16-A

The Role of the Home Care Aide in Restorative Care




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What is Restorative Care?

- A patient may be undergoing some sort of rehabilitation while receiving home care services.
- This will involve a team approach.
- Patients and/or family members are often encouraged to meet with their team members to be involved in care and care planning.




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The Home Care Aide and Restorative Care

- The home care aide has a key role on the care team

HANDOUT #1
Passive Range of Motion Exercises




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MODULE 16-B

Adaptive Equipment




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ADAPTIVE EQUIPMENT

- There are many devices to assist a patient who is receiving some sort of restorative care.




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ACTIVITY #1

How To Help A Falling Patient

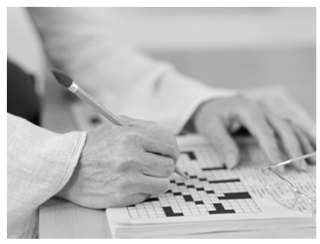


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ACTIVITY #2

Brain Exercise




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Brain Stimulating Activities

- Sudoku, word searches, and computer games such as BrainAge or Lumosity also work to exercise the brain



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Brain Stimulation Through Technology

- Video games
- Nintendo Wii
- Microsoft Xbox Kinect




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MODULE 16-C

Home Modifications




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Home Modifications

- There will be many times when adaptive equipment alone will not be enough.
- Home modifications will have to be made to assist the patient with functioning at home.



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Patients who are rehabilitating or learning how to manage tasks in a new and different way may express a great deal of frustration – both over the loss of functioning they once had and the new way they must learn to adapt. The home care aide can be a great source of support and encouragement. Praise new milestones, no matter how small they may seem – your patient is working hard every day to perform these tasks.

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